# **GROOMING GIRL STUDENTS AS ALL ROUNDERS**

#### **The Context:**

If a woman is educated, the fruits will be enjoyed by the family which in turn helpful to the society in many ways. In now-a-days, women are treated equally with men in many activities. This may be differed in rural areas and remote villages of India. Though the institute is situated in semi-urban area, most of the students are from rural areas. Hence, the institute focuses on woman issues and empowerment of women in all aspects. In this connection, the institute has taken an initiative to groom the girl students as all rounders in many activities by conducting so many suitable trainings through Women Empowerment Cell.

# **Objectives of the practice:**

To groom the girl students of the institute as all rounders in many aspects.

### **The Practice:**

Marshal Arts training was given to 35 girl students by an external coach, Sri Lova Raju from 16.09.2019 - 05.10.2019 as a part of self defense programme. This helps the girl students to protect themselves in catastrophic situations.

A certificate course namely "Beautician Course" was conducted twice in this academic year with the authorization of the affiliating university (Adikavi Nannaya University, Rajamahendravaram). Nearly 100 students were trained in this course which was given for 45 days. This helps the girl students in self-employment.

A guest lecture on "Woman Health and Personality Development" was given by Munilakshmi, Vice President, Pyramid Dhyana Mandir on 24.01.2020 to 160 girl students. This helps the girl students to get aware of the physiological and psychological aspects and to get physical and mental strength.

Women Empowerment Cell of the institute has conducted "Rangoli" competition on the eve of Pongal. Many girl students participated in this event very interestingly. This helps them to acquire and follow our culture and traditions.

The institute has also permitted the girl students by allowing them to admit as NCC cadets. This helps to inculcate patriotism in them and to serve the nation. Many girl students are also actively participating in NSS activities.

The institute has been giving equal opportunity for girl students to participate in many state and national level sports events.

The Career Guidance and Placement Cell is giving equal opportunities for girl students along with the male students in giving CRT coaching and in the campus placements.

This year, The Central Government also announced "National Science Day" theme as "Women in Science". On this occasion, state level competitions were conducted by all science departments in which many colleges from various parts of the state had participated actively. In that event, the theme was reflected and many areas of girl students grooming was focused.

# **Evidence of Success:**

The girl students were motivated and expressed their gratitude for conducting this kind of activities. There is an improvement in the selection of girl students in campus placements. One NCC girl student was selected for Naval All India Nausainik Camp held at INS circas, Visakhapatnam in October 2019. Girl students applied the tips learned in the Beautician Course at the time of some functions and they succeeded in that.

# Obstacles faced if any and strategies adopted to overcome them:

As the training was conducted after the class work, some parents did not permit the students to undergo training. But WEC could able to motivate such parents by explaining the benefits of the training.

#### **Resources Required:**

a) For conducting Marshal Arts training programme, an external trainer was recruited.

b) For conducting Beautician Course also, an external trainer was recruited and some cosmetics were also purchased.

c) Women Empowerment Cell, NSS and NCC officers played very important role.